



Journey with Jesus

TITLE: QUIET THE NOISE

DATE: AUG 10, 2025

SCRIPTURE: JOHN 10: 1-30

OPENING THOUGHT

IN OUR OVERSTIMULATED, ALWAYS-CONNECTED WORLD, IT'S EASY TO MISS THE ONE VOICE THAT MATTERS MOST—OUR SHEPHERD'S. JESUS SAYS HIS SHEEP KNOW HIS VOICE AND FOLLOW HIM. BUT CAN WE TRULY HEAR HIM IF WE DON'T FIRST QUIET THE NOISE?

KEY SCRIPTURE VERSES

- JOHN 10:10
- JOHN 10:28-29
- ROMANS 8:38-39
- PHILIPPIANS 1:6

- JOHN 10: 27 “MY SHEEP LISTEN TO MY VOICE; I KNOW THEM, AND THEY FOLLOW ME.”

KEY POINTS

- RECOGNIZE HIS VOICE - FAMILIARITY WITH JESUS' VOICE GROWS THROUGH RELATIONSHIP, NOT RULE-FOLLOWING.
- IDENTIFY THE NOISE & THE THIEVES - CULTURAL, EMOTIONAL, AND EVEN INTERNAL VOICES CAN STEAL OUR PEACE AND DISTORT TRUTH.
- QUIET THE NOISE OF DOUBT - YOU ARE NOT HELD BY YOUR GRIP ON GOD BUT BY HIS GRIP ON YOU.
- THE VOICE YOU LISTEN TO MOST BECOMES YOUR OWN - OUR SPIRITUAL TONE IS SHAPED BY THE VOICES WE CONSUME.
- YOU ARE UNSNATCHABLE - JESUS ASSURES ETERNAL SECURITY FOR THOSE WHO ARE HIS.

5 DISCUSSION QUESTION'S

1. WHAT "NOISE" IN YOUR LIFE MOST INTERFERES WITH YOUR ABILITY TO HEAR GOD'S VOICE?
2. HAVE YOU EVER MISTAKEN THE VOICE OF CULTURE, FEAR, OR SHAME FOR TRUTH? HOW CAN YOU DISCERN THE DIFFERENCE?
3. HOW DOES THE SHEPHERD-SHEEP RELATIONSHIP DEEPEN YOUR UNDERSTANDING OF FOLLOWING JESUS?
4. WHAT PRACTICAL STEP CAN YOU TAKE THIS WEEK TO “TAKE A FAST FROM THE FEED” OR FILTER THE VOICES IN YOUR LIFE?
5. WHAT TRUTHS FROM JOHN 10 BRING YOU THE MOST COMFORT OR ASSURANCE IN YOUR RELATIONSHIP WITH JESUS?

CLOSING ENCOURAGEMENT

JESUS KNOWS YOU. HE SPEAKS TO YOU. AND HIS VOICE LEADS TO LIFE. YOU DON'T NEED TO STRIVE TO EARN HIS LOVE OR FEAR LOSING IT. LET HIS VOICE RISE ABOVE THE NOISE—AND TRUST THAT HIS GRIP ON YOU IS SECURE.